

# INVICTUS WELLBEING CONFERENCE

## 21.5.18

Shaping the world we want to live in.



**When** **May 21, 2018.**  
8:30am for 9:00am - 3:15pm

**Where** **Caves Beach Resort**  
27 Mawson Cl,  
Caves Beach, NSW

**Who** Directors of Wellbeing,  
Heads of School, Year  
Coordinators, Heads of  
House, Invictus  
Coordinators, Pastoral Care  
Teachers, Counsellors,  
Youth Leaders and  
Teachers.

**Cost** \$200 + GST  
[Scholarships available](#) on  
the registration page of the  
website.

### Overview

The Invictus Wellbeing Conference has been designed to facilitate conversations about how to foster the wellbeing and resilience of young people. The conference will focus on current research and industry experience in the areas of cultural architecture, rites of passage, wellbeing theory and outdoor education. Attendees will have the opportunity to draw on the expertise of keynote speakers as well as share their own insights during networking sessions.

### DR ARNE RUBINSTEIN

Expert in adolescent development and the facilitation of teenage rites of passage.

### CAT LAMB

Outdoor Educator and Positive Education Trainer at The Institute of Positive Education.

### JOSHUA BROWN

Director of Wellbeing and Outdoor Education at Macquarie College and founder of the Invictus Wellbeing Program.

### DR DARREN MORTON

Internationally recognised Lifestyle Medicine educator and founding director of Lift Lifestyle Medicine.

**REGISTER NOW:**

<http://theinvictuswellbeingprogram.com/events>